



# SURESH GYAN VIHAR UNIVERSITY



## Orientation Program: A Memorable Experience for New Students

### New Students Gain Valuable Insights and Skills

Jaipur, Suresh Gyan Vihar University's Chrysalis II Orientation Program, held from August 28th to 31st, 2024, was a transformative experience for the university's newest cohort of students. The program provided a comprehensive introduction to university life, equipping students with the essential skills and knowledge to succeed in their academic pursuits. The opening ceremony commenced with inviting all the dignitaries to come forward for the Saraswati Vandana, invoking blessings from the Goddess of Knowledge. The Hon'ble President, Prof. (Dr.) Arunansu Halder, delivered a heartfelt welcome address, encouraging students to embark on new academic horizons with enthusiasm and wisdom. A vibrant speech was delivered by Dr. Arastu Sharma, who emphasized



The final keynote address for the program came from the Hon'ble Director, Mr. Kanishk Sharma, who inspired the importance of innovation and research in

academic life. The students to navigate their academic journey with diligence and vision. On the final day of Chrysalis II, students were addressed with Visionary Addresses by the

Hon'ble Chairman, Shri Sunil Sharma, and the Hon'ble Chief Mentor, Dr. Sudhanshu. Shri Sunil Sharma emphasized the importance of higher education

in shaping the future of the nation, urging students to strive for excellence and make a positive impact on society. Dr. Sudhanshu highlighted the role of universities in fostering innovation, critical thinking, and social responsibility. The orientation featured a diverse range of activities, including academic guidance sessions, career counseling, workshops on the National Education Policy, photography competitions, and team-building exercises. Renowned faculty members and industry experts delivered engaging lectures, providing students with valuable insights into their chosen fields. The program also included cultural events, such as traditional dances and performances, to foster a sense of community and belonging among the new students. Students had the opportunity to connect with their peers, explore the campus, and get acquainted with university resources.

## SGVU Celebrates Independence Day with Patriotism and Enthusiasm

Jaipur, Suresh Gyan Vihar University commemorated India's 78th Independence Day with a vibrant and patriotic celebration on August 15th, 2024, at Bhasa Rangayan. The event showcased the university's commitment to national pride and unity. The celebration began with a dignified Guard of Honor, followed by a salutation ceremony led by NCC cadets. Dignitaries, including Shri Sunil Sharma, Hon'ble Chairman Sir, Dr. Sudhanshu, Hon'ble Chief Mentor Sir, Prof. (Dr.) Arunansu Halder, Hon'ble President Sir, Prof. (Dr.) Ritu Gilhotra, Hon'ble Pro President Ma'am, and Mr. Madhusudan Sharma, Hon'ble Registrar Sir, was welcomed with traditional tilak and badges. At 10:30 am, the Indian tricolor was hoisted amidst the singing of the National Anthem. Prof. (Dr.) Arunansu Halder, Hon'ble President, delivered an inspiring address emphasizing the importance of independence and the responsibilities that come with it. Dr. Sudhanshu, the Hon'ble Chief Mentor, highlighted the historical significance of Independence Day and encouraged the youth to carry forward the legacy of freedom



fighters. Shri Sunil Sharma, Hon'ble Chairman, spoke about the challenges and opportunities facing the nation and the role of education and innovation in shaping its future. The cultural segment featured a soulful solo song by Nazra Noor, which evoked strong patriotic emotions among the audience. Dr. Jyoti

Gaur, Dean of Student Welfare, delivered the vote of thanks, expressing gratitude to all participants. A Tiranga Rally was also organized with the students and faculty members from Jantar Mantar to Main Gate to celebrate the auspicious occasion. The celebration concluded with the distribution of sweets.

## Interactive Orientation Program for Clinical Psychology Students



Jaipur, The Department of Clinical Psychology at Suresh Gyan Vihar University's School of Healthcare recently concluded a three-day orientation program for its new batch of students (2024-26). The interactive program featured guest lectures from eminent professionals in the field. The orientation program included insightful sessions by Dr. Prashant Sharma (Senior Consultant in Surgical Oncology, BMCHRC), Mrs. Bhagyashree Saini (Women and Child Rights Activist), Dr. Uday Sinha (Prof. Head, Department of Clinical Psychology, IBHAS), Dr. Shiv Gautam (Senior Psychiatrist, GHRC), Dr. Nagendra Swarnkar

(University Rules and Regulations), and Dr. Atul Verma (Associate Professor, Amity University, MP). The students were also introduced to the various university clubs and sports teams, providing them with opportunities for extracurricular activities and personal growth. The Honorable Director, Shri Kanishk Sharma, addressed the students, inspiring them with his valuable insights and sharing the department's journey of growth and success. The orientation program was a valuable experience for the new students, equipping them with essential knowledge and preparing them for their academic journey.

# Students learn meditation techniques for inner calm and outer success.

## Mindfulness and Meditation for Academic Success

Jaipur, Gyan Vihar School of Engineering and Technology recently hosted a workshop titled "Inner Calm, Outer Success: The Student's Guide to Meditation." The workshop provided students with valuable insights into the practice of meditation and its benefits for personal and academic success. Participants learned effective meditation techniques to reduce stress, improve focus, and enhance overall well-being. The workshop emphasized the importance of mindfulness and cultivating a calm mind to achieve academic goals and navigate life's challenges with greater ease. The workshop was phenomenally successful and empowered students to embrace meditation as



a valuable tool for personal growth and development.

# Community Comes Together to Donate Blood



The Physiotherapy Department of Gyan Vihar School of Healthcare, in collaboration with Rajnish Blood Bank and Laldas Ji Maharaj Social Foundation, successfully organized a blood donation drive on July 31, 2024. The event, held at Jaipur Ortho & Neuro Rehab Centre, Jagatpura, saw a significant number of donors come forward to support this noble cause. The collected blood will be used to aid patients in need and support local healthcare

facilities. Dr. Ruchika Pal, the Event Coordinator, emphasized the importance of blood donation and encouraged eligible individuals to participate. The organizers expressed gratitude to all the donors for their generosity and commitment to community service. The Blood Donation Drive aligns with Suresh Gyan Vihar University's broader mission to promote health and well-being within the community.

# SGVU Organizes Successful Hemoglobin Check-Up Camp

Jaipur, The Physiotherapy Department of Gyan Vihar School of Healthcare, in collaboration with Arogya Nilay Sansthan and Laldas Ji Maharaj Social Foundation, successfully organized a hemoglobin check-up camp on August 3, 2024. The camp, held at Arogya Nilay Sansthan, Malviya Nagar, saw a large turnout of participants who received free hemoglobin tests and personalized health advice. The initiative aimed to raise awareness about the importance of maintaining healthy hemoglobin levels for overall well-being. The Physiotherapy Department's dedicated team conducted numerous check-ups throughout the day, providing valuable



insights and recommendations to participants. The camp also served as a platform to educate individuals about the factors that can affect hemoglobin levels, including diet, lifestyle, and underlying health conditions.

# Career Seminar Prepares Students for the Future

Jaipur, Suresh Gyan Vihar University (SGVU) hosted a successful career seminar on August 23rd, 2024, in collaboration with the Sub-Regional Employment Exchange (SREO), Government of Rajasthan. The event aimed to guide final-year students towards promising career paths. Renowned speakers, including Smt. Navrekha (Dy. Director, Skills, SREO), Smt. Alka Batra (MD Aegis Consultancy), Mr. Atul Kumar Sonu (SREO-NCS for SC/ST), Mr. Rajeev Kumar (NSDC), Mr. Kailash Tiwari (RSLDC), Mr. Abhinav Somani (RSLDC), Mr. B.R. Chaudhary (Asst. Commissioner, Industries, DIC), Mr. Narendra Kasana (A-grade NCERT certified counselor), and Ms. Kirti Tanwar (YP, National Career Service) shared valuable insights on career opportunities and building successful careers in management.



The seminar covered a wide range of topics, such as government schemes for SC/ST students, youth opportunities, entrepreneurial support, career counseling, and the National Career Service portal. Students actively participated in the interactive Q&A session, seeking clarification and guidance on their

career paths. The seminar was a resounding success, empowering students with essential knowledge and skills for their future endeavors. SGVU remains committed to providing students with opportunities for career development and looks forward to organizing more such events in the future.

# Gyan Vihar School of Pharmacy Hosts Career Guidance Session

Jaipur, The Department of Pharmacy at Suresh Gyan Vihar University organized a career guidance session titled "Career Opportunities in Pharmaceutical Sciences: Navigating The Industry Landscape" on August 1st, 2024. The session was attended by over 110 B.Pharm and M.Pharm students. Industry experts shared insights into the significance of pharmaceuticals in healthcare, major sectors, and key players in the pharmaceutical industry, and practical applications of pharmaceutical concepts. The workshop aimed to equip students with the knowledge and skills necessary to succeed in the pharmaceutical industry. Topics covered included regulatory affairs, quality assurance/quality control, manufacturing processes, and



career pathways. The session was a valuable opportunity for students to learn from

experienced professionals and explore potential career paths in the pharmaceutical field.

# SGVU Students Learn the Art of Public Speaking



Jaipur, Suresh Gyan Vihar University's Gyan Vihar School of Engineering & Technology recently hosted a successful workshop on effective presentation skills. The session, led by expert speaker Mr. Nishant Saxena, provided valuable insights and practical tips for students and faculty. Participants learned techniques to enhance their presentation skills, including

body language, voice modulation, and slide design. The workshop was a great opportunity for individuals to improve their communication and public speaking abilities. The university looks forward to organizing more such workshops to imbibe students and faculty with essential skills for academic and professional success.